



SPORT AEROBICS & FITNESS

# SWISS OPEN

**18 & 19 APRIL 2026**

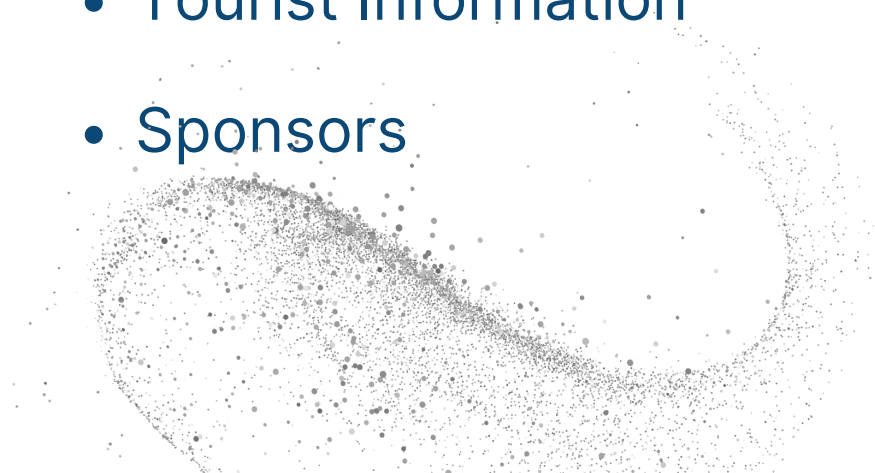
Schulhaus Weid/Pfäffikon SZ



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# COMPETITION OVERVIEW

Aerosport Club is delighted to announce the Swiss Open 2026.

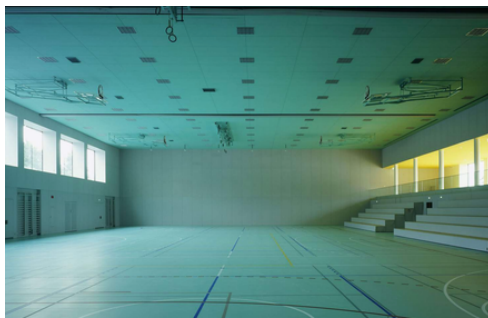
It will take place in Pfäffikon SZ, Switzerland on the 18th & 19th, of April 2026.

All FISAF member countries and athletes loving the Sport Aerobic & Fitness movement are invited to attend.

We target a maximum of 25 athletes per category; nevertheless, all athletes who register during the early bird period (till 28 February 2026) will be allowed to participate, independently of the number of athletes in the respective category.

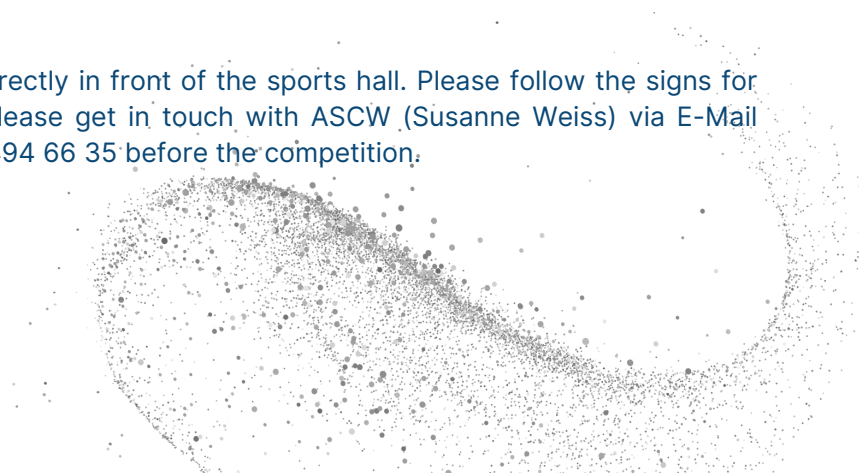
# VENUE

**Sporthalle Weid, (Weidstrasse 20, 8808 Pfäffikon SZ, Switzerland)**



The Pfäffikon SZ railway station is near the competition venue (15' to walk or 5' by bus n. 188). The station is situated at the northern edge of the town between the town center and Lake Zurich. There are direct links to Zurich (with the trains S2, S8, IR 35, S25, around 35min) and Zurich airport (with train S2 / 2 times per hour, 46min).

Limited and paid parking spaces are available directly in front of the sports hall. Please follow the signs for additional parking. If you arrive by team bus, please get in touch with ASCW (Susanne Weiss) via E-Mail [ascwollerau@outlook.com](mailto:ascwollerau@outlook.com) or Whatsapp: +41 76 494 66 35 before the competition.





# SCHEDULE OF EVENTS

Once entries are received a detailed schedule will be sent out to coaches.

**REMARK!** This is only a preliminary schedule! The time schedule will be adjusted according to the number of participants in the different categories and the new SA & FT Technical Regulations 2025-2026. The final schedule will be posted after registrations are closed!

## **Saturday 18.04.2026**

Registration + music check Sports Aerobics & Fitness teams  
Preliminaries & (Semifinals)

## **Sunday 19.04.2026**

(Semifinals) & Finals all categories  
Award Ceremony

# FRF & MUSIC

**15 March 2026 is the deadline** for sending the subscription file & FRF to [ascwollerau@outlook.com](mailto:ascwollerau@outlook.com).

FRFs are required in TWO (2) formats: o .PDF format o .FRF format (necessary for skills judge)

FRFs (PDF ONLY) must be clearly labelled/named as:

(Athletes Name/Team Name) \_(Section)\_(Stream).pdf

Example: maxi\_max\_Adult Individual Men\_International.pdf

# FEEDBACK

- Eliminated competitors after Semifinals will be able to receive live feedback from the judges. Information regarding where and when this will take place will be given closer to the event date.
- Other feedback will be given by the Global/Head judge who judged this event only directly at the day of the event and only to coaches who have requested it.



## ATHLETE ENTRY COST

	EARLY BIRD Registration BEFORE 28.02.2026	Registration FROM 1.03.2026 and BEFORE 15.03.2026
Sport Aerobic Individual	35 CHF	50 CHF
Sport Aerobic Team (2-4)	65 CHF	80 CHF
Fitness Team (5-8)	75 CHF	90 CHF

## SPECTATOR TICKETS



15 CHF per day per person  
(reduced price 5 CHF for 10-16 year olds)  
20 CHF for 2 days per person  
(reduced price 10 CHF for 10-16 year olds)  
Children under 10 are free

Pre-order your tickets here: [www.eventfrog.ch/swissopen2026](http://www.eventfrog.ch/swissopen2026)  
(payment with Visa, Mastercard or Google Pay)

All payments to ASCW must be made in Swiss Francs, and during the event, only transactions in Swiss Francs can be accepted.



# ACCOMODATION

We are pleased to provide a list of available accommodation choices near the venue. Depending on the location, transportation is easy by public transport. More choices can be found on various booking portals.



## Youth hostel / Jugendherberge Richterswil

Located 10 minutes from the competition venue

Hornstrasse 5  
CH-8805 Richterswil ZH  
Tel : +41 (0)44 786 21 88  
[www.youthhostel.ch/richterswil](http://www.youthhostel.ch/richterswil)



## Youth hostel / Jugendherberge Busskirch Rapperswil-Jona

Located 12 minutes from the competition venue

Hessenhofweg 10  
CH-8645 Jona SG  
Tel: +41 (0) 55 210 99 27  
[www.youthhostel.ch/jona](http://www.youthhostel.ch/jona)



## Schweizerisches Jugend- & Bildungszentrum

Located 8 minutes from the competition venue

Lincolnweg 23  
CH- 8840 Einsiedeln  
Telefon: +41 (0)55 418 88 88  
[www.sjbz.ch](http://www.sjbz.ch)



## SEEDAMM PLAZA

**modern 4\* hotel with 3 restaurants, Bar & Casino**

Located 3 minutes from the competition venue

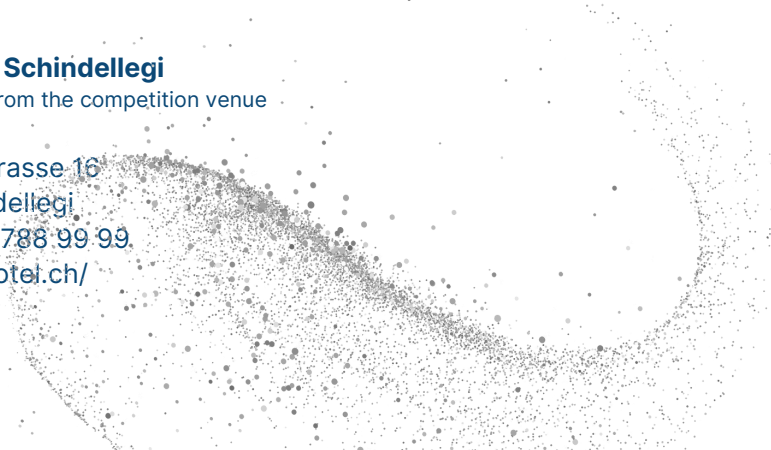
Seedammstrasse 3  
CH-8808 Pfäffikon SZ  
Telefon: +41 55 417 17 17  
[www.seedamm-plaza.ch](http://www.seedamm-plaza.ch)



## Sihlpark Hotel - Schindellegi

Located 8 minutes from the competition venue

Chaltenbodenstrasse 16  
CH-8834 Schindellegi  
Telefon: +41 44 788 99 99  
[www.sihlpark-hotel.ch/](http://www.sihlpark-hotel.ch/)





### **MOTEL MÜHLE**

Located 5 minutes from the competition venue

Samstagerstrasse 57  
CH-8832 Wollerau  
Telefon: +41 43 244 41 41  
[www.muehle-wollerau.ch](http://www.muehle-wollerau.ch)



### **IBIS ZURICH ADLISWIL**

Located 20 minutes from the competition venue

Zurichstrasse 105  
ZURICH-ADLISWIL  
CH-8134 ZURICH  
Telefon: +41 44 711 85 85  
[www.accorhotels.com](http://www.accorhotels.com)



### **Panorama Resort & Spa**

Located 8 minutes from the competition venue, 4star Hotel

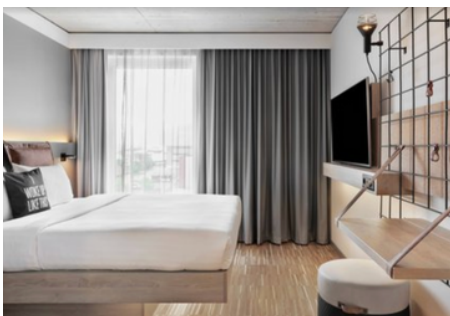
Schönfelsstrasse  
CH-8835 Feusisberg  
T +41 44 786 00 00  
[www.panoramaresort.ch](http://www.panoramaresort.ch)



### **Hotel First**

Located 3 minutes from the competition venue

Hotel First  
Firststrasse 1  
8835 Feusisberg  
T + 4144 389 83 83  
[www.hotelfirst.ch](http://www.hotelfirst.ch)



### **Motel Moxy**

Located 12 minutes from the competition venue

Motel Moxy  
Neue Jonastrasse 66  
8640 Rapperswil-Jona  
<https://www.marriott.com/>

Any question on accomodation? Please get in touch with ASCW (Susanne Weiss) via E-Mail [ascwollerau@outlook.com](mailto:ascwollerau@outlook.com) or Whatsapp: +41 76 494 66 35





# TOURIST INFORMATION

Pfäffikon SZ is a small, charming town located in the canton of Schwyz in Switzerland. It is nestled in the heart of the country surrounded by the picturesque Swiss alps on the shores of lake Zurich, making it an ideal destination for nature lovers and those interested in Swiss culture.

We recommend following Apps & Websites for further information on the region:



**My Switzerland**

[www.myswitzerland.com/en](http://www.myswitzerland.com/en)

**GET  
YOUR  
GUIDE**

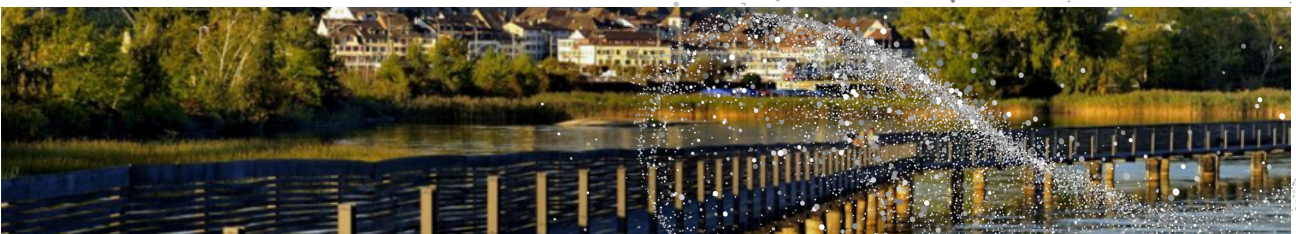
**Getyourguide**

[www.getyourguide.co.uk/](http://www.getyourguide.co.uk/)

Welcome to  
Zürich,  
Switzerland.

**Welcome Switzerland**

[www.zuerich.com/en/](http://www.zuerich.com/en/)





# THANK YOU

We want to express our heartfelt gratitude for the generous support of our sponsors. Their contribution plays a crucial role in making the event a success, and we truly appreciate their commitment to our sport!



Sportförderung Kanton Schwyz



**DECATHLON**



**CASINO  
PFÄFFIKON**

Style your smile!  
[praxis-cityhaus.ch](http://praxis-cityhaus.ch)



KORPORATION  
PFÄFFIKON



**RAIFFEISEN**



# SEE YOU AT THE SWISS OPEN 2026

[www.fisafinternational.com/en](http://www.fisafinternational.com/en)  
[www.ascw.ch](http://www.ascw.ch)